

## Mar 18, 2025 | 📅 Wellness Committee Meeting

Attendees: Jessica Gould Emily Gustafson Angela Christensen Alissa Powell  
Brian Regan Jo Fountain Leslie Levine Logan Meier Teresa Burden  
Leah Schwarzrock

### Notes:

- The Wellness Committee welcomed Leah Schwarzrock, the new Nutrition Services Supervisor.
- Angela Christensen offered an update that the BOE is continuing to watch what is happening at the legislative level regarding Healthy School Meals for All and looking at additional options to continue to support providing meals to students
- Committee will be presenting to the BOE on May 8th
  - Review of policy & goals, committee members, and focus of the committee
  - Standardized Wellness Initiatives
- Launching “Move to School” initiative for the first week of May
  - Will get feedback from teams at school level on potential challenges and ideas to make this a success.
  - Goal is to highlight safety awareness and physical activity
  - Asking support from security/local law enforcement
  - Communication channels to promote this event including additional safety information to go out to families.
- LPS Foundation Grant
  - Conversations with the Foundation about how much we would like to ask for to be able to offer good incentives for wellness participation next year.
  - Recruitment for Wellness champions to begin before school starts
- Schedule for 25-26
  - Looking at moving meetings to quarterly basis next year
  - Will survey committee about timing to make sure it works for group

### Action Items:

- Working on Infographics and Safety info for Move to School
  - Getting information in front of our principals/PTO
- Will send out survey to committee about meeting times for next year